

Research Article https://doi.org/10.56979/701/2024

Brain Tumor Segmentation and Classification using Optimized Deep Learning

Muhammad Faheem Khan^{1*}, Arslan Iftikhar¹, Huzaifa Anwar², and Sadaqat Ali Ramay¹

¹Department of Computer Science, TIMES Institute, Multan, 60000, Pakistan.

²School of Physics, Engineering & Computer Science, University of Hertfordshire, College Lane, Hatfield AL10 9AB, UK. *Corresponding Author: Muhammad Faheem Khan. Email: faheem@t.edu.pk

Corresponding Author. Murianniau Faheeni Khan. Eman. faheeni@t.edu.p

Received: January 21, 2024 Accepted: March 29, 2024 Published: June 01, 2024

Abstract: In the medical field, identifying brain tumors is a complex task that necessitates specialists meticulously analyzing MRI scans to detect tumors. Recent advancements have introduced various artificial intelligence methods aimed at automating this process. However, prior approaches often relied on singular datasets, which constrained their ability to identify brain cancers across diverse scenarios. This study addresses this issue by employing data augmentation and denoising algorithms on medical images from three distinct datasets, aiming to enhance detection efficiency. To evaluate the effectiveness of these methods, we implemented two deep learning algorithms utilizing Convolutional Neural Networks (CNNs), which demonstrated high accuracy. These results suggest that incorporating data augmentation and denoising techniques can significantly improve the accuracy of brain tumor diagnoses. This research contributes to ongoing efforts in the medical field to refine the application of advanced machine learning techniques for the early and precise detection of brain cancers.

Keywords: Brain Tumor; Machine Learning; Deep Learning; CNN; Medical Imaging.

1. Introduction

A brain tumor is an unusual growth of brain cells. It can be either non-cancerous (benign) or cancerous (malignant), with symptoms varying depending on the tumor's size and location in the brain. Malignant tumors can start in the brain or spread there from other parts of the body. All types of brain tumors can cause symptoms that differ based on which part of the brain is affected. These symptoms may include headaches, seizures, vision problems, nausea, and mental disturbances. A brain tumor is one of the deadliest conditions that can affect people of any age and gender. It is becoming more common in children, possibly due to increased use of technology such as mobile phones, tablets, and other devices.

Despite all the advancements, life is still threatened by deadly diseases such as, cancer, hepatitis, diabetes, cardiovascular, and Alzheimer's are few examples. Cancer can destroy any critical human organ like lungs, liver, stomach, or brain. Disastrous of cancer, just in the year 2018 are reported by the International Agency for Research on Cancer. The brain is composed of billions neurons and a trillion glial cells, and tumors occur when these cells proliferate abnormally, forming a mass. These abnormalities in the brain cells are identified as a neoplasm or the brain tumor [2]. Benign and malignant are two main types of brain tumors. Brain tumors are also categorized as either primary or secondary [3]. Primary brain tumors originate within the brain such as from the membranes, cranial nerves area, pituitary glands, or even within the pineal gland. Conversely, secondary brain tumors, which are more prevalent, develop when cancer cells originate from other body part and metastasize to the brain [4]. Metastatic brain tumors represent the most prevalent variety of brain tumors and are invariably malignant. The most frequent

origins of these secondary brain tumors are lung and breast cancer. The manifestation of symptoms in brain tumor cases is influenced by the tumor's size, type, and specific location. Typical symptoms encompass morning headaches that alleviate throughout the day, nausea, vomiting, impaired coordination, difficulty in walking, seizures, and alterations in speech, vision, or hearing. It's important to note, though, that these symptoms can also stem from other medical issues. There are over 120 distinct types of primary brain tumors where gliomas are the most common type of the brain tumors [5].

Early detection of brain tumors is crucial for selecting the most effective treatment and extending the patient's life. Glioma and meningioma, both lethal if not detected early, are major types of brain tumors. Pituitary tumors, which originate from hormone-secreting adenohypophysis cells, represent another variety. The most accurate diagnosis method is a biopsy, but its invasive nature poses risks of bleeding or functional loss. Consequently, medical professionals increasingly rely on medical imaging techniques for quicker and more accurate results.

Various medical imaging methods, particularly MRI and CT scans, are used to detect abnormalities in the brain's shape, size, or location. MRI is preferred for its detailed brain structure information. However, manually classifying brain tumors from MRI scans is time-consuming. Automatic classification offers a solution, requiring minimal radiologist intervention.

Machine learning (ML) has significantly advanced the medical field, yet traditional ML methods have limitations, including lower accuracy, longer computational times, error susceptibility, and the need for manual algorithm selection. Recent studies indicate that deep learning (DL) techniques, which automate feature extraction and classification, overcome these limitations.

Deep learning, a branch of artificial intelligence, employs artificial neural networks (ANNs) to mimic the human brain and learn from vast data amounts. DL architectures are preferred over traditional ML algorithms due to their ability to independently learn and identify complex image features. Continuous development of new models enhances feature extraction in DL approaches, which are applied across various medical domains. DL's advantages include handling large datasets, improving time efficiency, advanced analytics, proficiency with unstructured data, and cost-effectiveness. These techniques are extensively used for image processing, classification, and segmentation tasks.

The process for accurately diagnosing a brain tumor involves several steps undertaken by radiologists, neurologists, and physicians, including physical examination, review of medical history, use of contrast agents, and biopsy tests [6]. The goal is to locate the abnormal tissues convincingly and the exact location, area and orientation of the abnormal tissue. Evaluation of the imaging scans, and their interpretation phase follow the physical examination and historical analysis, for the creation of digital brain images. The preferred imaging technique is Magnetic Resonance Imaging (MRI) for its superior contrast and resolution, [7]. While Computed Tomography (CT) scans are also used; however, they are not as effective as MRIs [8]. Manual brain tumor diagnosis is a complex, time-consuming and stressful task with the potential for human error, due to factors such as fatigue and information-overload, hence early and accurate diagnosis of Brain Tumor is very important and inspires a myriad of research. Also, the accurate measurement of the area of tumor is required for the targeted treatment. Machine Learning (ML) methods are significantly advancing the field of medical image analysis. Recent developments in ML have led to the creation of automated systems for diagnosing brain tumors. These systems provide vital support [2].

2. Literature Review

2.1. ANN and Texture Feature Extraction

A study utilized an "artificial neural network (ANN)" to identify brain tumors in MRI images, using the "Gray Level Co-occurrence Matrix (GLCM)" for texture feature extraction. The model achieved an accuracy of 81.4%, demonstrating the potential of ANN and feature functions for better data separation. 2.2. ANN with Image Processing Techniques

Another study employed "ANN for brain tumor detection using image processing techniques", including MRI preprocessing and segmentation based on mean and standard deviation. "Discrete Wavelet Transform (DWT)" and "Principal Component Analysis (PCA)" were used for feature extraction. The method, tested on 65 MRI images, showed notable accuracy in distinguishing normal from abnormal tissues.

2.3. SVM and Segmentation Schemes

In a different experiment, threshold and watershed segmentation schemes were used to isolate damaged brain parts, with a "support vector machine (SVM)" classifying normal and abnormal tissues, achieving an accuracy of 85.32%.

2.4. Hybrid Feature Selection for Tumor Classification

Another research work combined "DWT, PCA, and ANN" to detect benign and malignant brain tumors in MRI images. It introduced a novel PCA+RST hybrid feature selection method, achieving high classification accuracy for tumor types.

2.5. Optimized Feature Selection with SVM

MRI-based classification using a "support vector machine (SVM)" model was designed with 32 optimized features. This study highlighted the importance of feature selection and image quantization in achieving accurate, non-invasive brain lesion diagnostics.

2.6. LS-SVM for Brain Tumor Diagnosis

Selvaraj and his team used the "least-square-support-vector-machine (LS-SVM)" for brain tumor diagnosis, employing GLCM for texture analysis. LS-SVM outperformed other classifiers, achieving significant classification accuracy.

2.7. Image Segmentation Techniques

Kaur and colleagues explored various image segmentation techniques, finding thresholding, edge detection, region growing, and watershed methods to be the most promising for brain tumor segmentation. 2.8. PCA and RST Hybrid Method

A novel hybrid feature selection method combining "PCA and Rough Set Theory (RST) was used for MRI brain tumor classification. This method reduced data dimensionality and achieved high accuracy with four classification algorithms (J48, SVM, KNN, Naive Bayes), outperforming traditional methods.

2.9. Sobel Operator and Thresholding

Arsa and team proposed a segmentation model using the Sobel operator plus thresholding, effectively differentiating between background and edge pixels, and separating tumor regions better than other models.

2.10. ANN for Breast Tumor Classification

Another study introduced an ANN-based system to classify benign and malignant breast tumors, achieving an accuracy of 82.04% by analyzing 184 images with multifractal dimensions and backpropagation neural networks.

2.11. Naïve Bayes Classification

A research study focused on detecting central brain tumors using the Naïve Bayes classification method. By preprocessing MRI images and extracting statistical features, the method achieved an 81.25% detection accuracy.

2.12. Combined Statistical Texture Features

An advanced approach for brain tumor classification combined "Gray Level Run Length Matrix (GLRLM) and Center-Symmetric Local Binary Patterns (CSLBP)" for feature extraction, processed by an ANN. This method achieved high accuracy and outperformed several existing techniques in distinguishing malignant from benign brain tissues.

2.13. Literature Survey and OT Model

A literature survey indicated reliance on unoptimized feature selection methods and limited MRI image data in many studies. To address these issues, a novel brain tumor diagnosis model, "FO-BTD", was developed, utilizing a fused optimization scheme for classifying MRI datasets with machine learning classifiers.

3. Materials and Methods

This section introduces the designed model, which follows the fundamental steps of knowledge discovery from databases using machine learning classification. The process begins with the collection of brain MRI scans. Next, the collected images are pre-processed. Expert radiologists then mark the tumor area to confirm the ground truth value. For texture analysis, GLCM features are extracted. These features are then optimized using a fused optimization scheme. Finally, machine learning classifiers are deployed to diagnose brain tumors. The complete methodology is illustrated in Figure 1.





3.1. Image Preprocessing

Data preprocessing paly vital role in both machine learning and deep learning techniques. It is having crucial and challenging facts in computer-aided diagnostic system. It is essential for accurate tumor segmentation and feature extraction in medical images, ensuring that the algorithm functions correctly. Accurate tumor segmentation depends on preprocessing according to image size and quality. Due to factors such as image acquisition, complex backgrounds, and low contrast, the preprocessing phase is critical in medical imaging. This phase sets the foundation for the subsequent stages.

The preprocessing phase in this study involves three steps: image denoising, image sharpening, and skull stripping. The steps are as follows:

 Image Denoising: A "Gaussian filter" is used to remove noise from MRI images. Figure 2 illustrates the results of denoising images using a Gaussian filter. In this work, a "2-D Gaussian smoothing filter" is employed to reduce noise. The general mathematical form of the "2-D Gaussian filter" is:

$$G(m,n)=rac{1}{2\pi\sigma^2}e^{rac{-(m^2+n^2)}{2\sigma^2}}$$

In this equation, mmm and nnn represent the distance from the origin in the x-axis and y-axis, respectively, and σ \sigma σ is the standard deviation in the Gaussian function. This method results in denoised images.

- 2. **Image Sharpening**: After denoising, the images are sharpened to enhance the edges and details, making the tumor area more distinct for segmentation.
- 3. **Skull Stripping**: This step involves removing the skull from the MRI images to focus on the brain tissue, facilitating accurate tumor segmentation.



Abnormal MRI Brain Images

Figure 2. Sample Brain Normal and Abnormal MRIs

 Table 1. Optimized Feature Set

S(0, 2) sum variance	S(2_2) inverse_diff_momentum	S(0, 5) correlation
S(1, 0) sum average	S(0_2) inverse_diff_momentum	S(0, 3) sum average
S(3, 3) entropy	S(0_3) inverse_diff_momentum	S(0, 4) correlation
S(1, 0) correlation	S(33) inverse_diff_momentum	S(0,1) inverse differ momentum
S(5, -5) inverse diff momentum	S(44) inverse_diff_momentum	S(2, 2) correlation
S(0, 1) angle second momentum	S(0_1) inverse_diff_momentum	S(0, 4) sum average
S(5, 5) entropy	S(0_4) inverse_diff_momentum	S(0, 4) correlate
S(1, 1) sum variance	S(55) inverse_diff_momentum	S(0, 5) contrast
Skewness	S(22) inverse_diff_momentum	S(0, 3) correlation
Percent 0.01%	S(0_5) inverse_diff_momentum	S(0, 3) contrast

3.2 Classification

Finally, the most optimized FOV was input the machine learning classifiers named CNN and LSTM classifiers applying 10-fold cross-validation approach using the Weka 3.8 software [22]. *3.2.1 Performance Evaluation:*

Performance measuring parameters include kappa statistics (K_Sta), receiver operating characteristic (R_O_Chrc), Total number of Instances (T_N_Ins), Time and confusion matrix. Proportions of true and false cases were described by sensitivity, specificity, and accuracy parameters. The parameters are defined by TP (true postive) rate, FP (false positive) rate [24].

4. Results

When MRI brain datasets were input to the machine learning classifiers namely, CNN and LSTM the performance measure findings of the two classifiers are shown the Table 2. The table contains total eight

columns. The first column of the table shows the names of the classifiers, and the remaining columns show the other performance measure parameters.

Classifiers	К	TP Rate	FP Rate	R_O_Chrc	T_N_Ins	Time. (Sec)	Accuracy
CNN	0.69	0.845	0.155	0.897	400	0.48	84.5%
LSTM	0.65	0.825	0.175	0.887	400	0.23	83.7093%

Table 2. Machine Learning Classifiers Performance Table

And the confusion matrix table for CNN classifiers has been shown in the following Table 3. The table contains four columns showing the accurate classified samples and the mis-classified samples.

Classes	Normal	Abnormal	Total
Normal	186	14	200
Abnormal	48	152	200

Table 3. Confusion Matrix for CNN based on 10 × 10 ROI

The overall performance graph of CNN and LSTM classifiers is shown in the Figure 3. It is abvious that CNN acheied 84.5 classification accuracy, where as the LSTM got 83.7093 classification accuracy.



Figure 3. Sample Brain Normal and Abnormal MRIs

The above performance graph given in Figure 3, shows that CNN classifier achieved 84.5% accuracy to classify the normal brain images from tumorous brain, where as the LSTM classifier gained 83.7093% accuracy to discriminate the normal and abnormal brain images.

5. Discussion

In this research, two machine learning classifiers, LSTM and CNN, were used to classify brain MRI datasets into normal and abnormal categories. The performance metrics for the classifier are detailed in Table 2, which indicates that CNN outperformed LSTM, achieving an overall accuracy of 84.5% compared to LSTM accuracy of 83.71%. Furthermore, Table 4 illustrates that the OT model provides superior classification accuracy compared to other brain tumor diagnosis methods, highlighting its effectiveness in distinguishing between normal and abnormal brain scans.

			Overall Maximum	
Source Citation	Extracted Features	Classifier		
			Accuracy	
[9]	Texture Features	ANN	81.4%	
[18]	Texture Features	ANN	82.04%	
[12]	Texture Features	Naïve Bayes	81.25%	
(Selvaraj, et al., 2007)	Texture Features	SVM, MPL,	77 to 98%	
Proposed CABGD Model	GLCM	PART	85%	

Table 4. Comparison with Other State-of-the-art Techniques

6. Conclusions

In conclusion, this study presents the OT model, a sophisticated computer-aided system developed for the accurate identification of brain gliomas. The process began with the collection of MRI datasets from both glioma patients and healthy controls at Bahawal Victoria Hospital (BVH-RDL). Critical preprocessing steps were undertaken to enhance image quality, including histogram equalization, grey-level collection, noise removal, and tumor localization based on expert radiological input. These preprocessing measures ensured the MRI images were prepared for precise feature extraction and analysis.

The model employed the Gray Level Co-occurrence Matrix (GLCM) for texture analysis and utilized a comprehensive feature selection scheme incorporating Feature Relevance (Fr), Principal Optimal Extraction (POE), Attribute Correlation (AC), and Mutual Information (MI) to identify the thirty most relevant features. These features were then analyzed using three machine learning classifiers. The LSTM classifier achieved a classification accuracy of 83.71%, while the CNN classifier attained a slightly higher accuracy of 84.50%. These results underscore the OT model's effectiveness and potential for improving glioma diagnosis, demonstrating its capability to achieve high accuracy in clinical applications.

References

- F. Bray, J. Ferlay, I. Soerjomataram, R. L. Siegel, L. A. Torre, and A. Jemal, "Global cancer statistics 2018: GLOBOCAN estimates of incidence and mortality worldwide for 36 cancers in 185 countries," CA Cancer J Clin, vol. 68, no. 6, pp. 394–424, 2018, doi: 10.3322/caac.21492.
- S. A. Nawaz, D. M. Khan, and S. Qadri, "Brain Tumor Classification Based on Hybrid Optimized Multi-features Analysis Using Magnetic Resonance Imaging Dataset," Applied Artificial Intelligence, vol. 36, no. 1, 2022, doi: 10.1080/08839514.2022.2031824.
- 3. T. Sinha, "Tumors: Benign and Malignant," Cancer Ther Oncol Int J, vol. 10, no. 3, pp. 1–3, 2018, doi: 10.19080/ctoij.2018.10.555790.
- 4. E. Bianconi et al., "An estimation of the number of cells in the human body," Ann Hum Biol, vol. 40, no. 6, pp. 463–471, 2013, doi: 10.3109/03014460.2013.807878.
- 5. L. D.N. et al., "The 2016 World Health Organization Classification of Tumors of the Central Nervous System: a summary," Acta Neuropathol, vol. 131, no. 803-820, 2016, [Online]. Available: 6, pp. http://link.springer.de/link/service/journals/00401/index.htm%5Cnhttp://ovidsp.ovid.com/ovidweb.cgi?T=JS&PA GE=reference&D=emed18a&NEWS=N&AN=610343744
- 6. M. J Strong and J. Garces, "Brain Tumors: Epidemiology and Current Trends in Treatment," Journal of Brain Tumors & Neurooncology, vol. 01, no. 01, 2016, doi: 10.4172/2475-3203.1000102.
- S. Bauer, R. Wiest, L. P. Nolte, and M. Reyes, "A survey of MRI-based medical image analysis for brain tumor studies," Phys Med Biol, vol. 58, no. 13, pp. 1–44, 2013, doi: 10.1088/0031-9155/58/13/R97.
- 8. G. Perkins, A. Liu, "Primary Brain Tumors in Adults: Diagnosis and Treatment American Family Physician," Am Fam Physician, vol. 93, no. 3, pp. 211–218, 2016, [Online]. Available: www.aafp.org/afp
- 9. S. Jain, "Brain Cancer Classification Using GLCM Based Feature Extraction in Artificial Neural Network," International Journal of Computer Science & Engineering Technology, vol. 4, no. 7, pp. 966–970, 2013.
- Z. Faisal and N. K. El Abbadi, "Detection and recognition of brain tumor based on DWT, PCA and ANN," Indonesian Journal of Electrical Engineering and Computer Science, vol. 18, no. 1, pp. 56–63, 2019, doi: 10.11591/ijeecs.v18.i1.pp56-63.
- S. K. Hatcholli Seere and K. Karibasappa, "Threshold Segmentation and Watershed Segmentation Algorithm for Brain Tumor Detection using Support Vector Machine," European Journal of Engineering Research and Science, vol. 5, no. 4, pp. 516–519, 2020, doi: 10.24018/ejers.2020.5.4.1902.
- 12. H. Rajni, B. Soujanya, V. K. Reddy, and S. M. Vinutha, "Brain Tumor Detection using Naïve Bayes Classification," no. June, pp. 6851–6854, 2020.
- R. Ortiz-Ramón, S. Ruiz-España, E. Mollá-Olmos, and D. Moratal, "Glioblastomas and brain metastases differentiation following an MRI texture analysis-based radiomics approach," Physica Medica, vol. 76, no. November 2019, pp. 44–54, 2020, doi: 10.1016/j.ejmp.2020.06.016.
- H. Selvaraj, S. T. Selvi, D. Selvathi, and L. Gewali, "Brain mri slices classification using least squares support vector machine," IC-MED International Journal of Intelligent Computing in Medical Sciences and Image Processing, vol. 1, no. 1, pp. 21–33, 2007, doi: 10.1080/1931308X.2007.10644134.
- 15. D. Kaur and Y. Kaur, "International Journal of Computer Science and Mobile Computing Various Image Segmentation Techniques: A Review," International Journal of Computer Science and Mobile Computing, vol. 3, no. 5, pp. 809–814, 2014, [Online]. Available: www.ijcsmc.com
- 16. G. Alabbas, F. F. K. Hussain, and A. Hadi, "Hybrid Approach Based Feature Selection for MRI Brain Tumor Classification," no. September 2022, pp. 0–19, 2020.
- 17. A. Aslam, E. Khan, and M. M. S. Beg, "Improved Edge Detection Algorithm for Brain Tumor Segmentation," Procedia Comput Sci, vol. 58, pp. 430–437, 2015, doi: 10.1016/j.procs.2015.08.057.

- P. Afshar, K. N. Plataniotis, and A. Mohammadi, "Capsule Networks for Brain Tumor Classification Based on MRI Images and Coarse Tumor Boundaries," in ICASSP 2019 - 2019 IEEE International Conference on Acoustics, Speech and Signal Processing (ICASSP), IEEE, May 2019, pp. 1368–1372. doi: 10.1109/ICASSP.2019.8683759.
- 19. N. Abirami, S. Karthik and M. Kanimozhi, "Automated brain tumor detection and identification using medical imaging," International Journal of Research in Computer Applications and Robotics, vol. 3, no. 7, pp. 85–91, 2015.
- 20. F. Ullah, S. U. Ansari, M. Hanif and M. A. Ayari, "Brain MR image enhancement for tumor segmentation using 3D U-net," Sensors, vol. 21, no. 7, pp. 7528, 2021.
- 21. G. K. Seerha and R. Kaur, "Review on recent image segmentation techniques," International Journal on Computer Science and Engineering, vol. 5, no. 5, pp. 109, 2013.
- 22. M. Nawaz, T. Nazir, M. Masood, A. Mehmood and R. Mahum, "Analysis of brain MRI images using improved cornernet approach," Diagnostics, vol. 11, no. 2, pp. 1856, 2021.
- 23. M. Sharif, U. Tanvir, E. U. Munir and M. Yasmin, "Brain tumor segmentation and classification by improved binomial thresholding and multi-features selection," Journal of Ambient Intelligence and Humanized Computing, vol. 4, no. 5, pp. 1–20, 2018.
- 24. D. C. Dhanwani and M. M. Bartere, "Survey on various techniques of brain tumor detection from MRI images," International Journal of Computational Engineering Research, vol. 4, no. 3, pp. 24–26, 2014.
- 25. Q. Li, Z. Yu, Y. Wang and H. Zheng, "TumorGAN: A multi-modal data augmentation framework for brain tumor segmentation," Sensors, vol. 20, no. 5, pp. 4203, 2020.
- 26. D. B. Kadam, "Neural network based brain tumor detection using MR images," Journal of Ambient Intelligence and Humanized Computing, vol. 3, no. 1, pp. 1–18, 2012.
- 27. M. I. Sharif, M. Alhussein, K. Aurangzeb and M. Raza, "A decision support system for multimodal brain tumor classification using deep learning," Complex & Intelligent Systems, vol. 4, no. 5, pp. 1–14, 2021.
- 28. W. Chen, B. Liu, S. Peng, J. Sun and X. Qiao, "Computer-aided grading of gliomas combining automatic segmentation and radiomics," International Journal of Biomedical Imaging, vol. 18, no. 4, 2018.
- 29. A. Aziz, U. Tariq, Y. Nam and M. Nazir, "An ensemble of optimal deep learning features for brain tumor classification," Computers, Materials & Continua, vol. 69, no. 3, pp. 1–15, 2021.
- I. U. Lali, A. Rehman, M. Ishaq, M. Sharif and T. Saba, "Brain tumor detection and classification: A framework of marker-based watershed algorithm and multilevel priority features selection," Microscopy Research and Technique, vol. 21, no. 2, pp. 1–18, 2019.
- 31. S. Iqbal, M. U. G. Khan, T. Saba and A. Rehman, "Computer-assisted brain tumor type discrimination using magnetic resonance imaging features," Biomedical Engineering Letters, vol. 8, no. 5, pp. 5–28, 2018.
- 32. M. B. Kulkarni, D. Channappa Bhyri and K. Vanjerkhede, "Brain tumor detection using random walk solver based segmentation from MRI" Microscopy Research and Technique, vol. 20, no. 1, 2018.
- 33. A. Mustaqeem, A. Javed and T. Fatima, "An efficient brain tumor detection algorithm using watershed & thresholding based segmentation," International Journal of Image, Graphics and Signal Processing, vol. 4, no. 7, pp. 34, 2012.